

EIPP COMPREHENSIVE HEALTH ASSESSMENT (CHA): Postpartum

ID Number: _____

Last Name: _____ First Name: _____ DOB: _____ Age: _____

Street Address: _____ City: _____ State: MA Zip Code: _____

Mailing Address: _____ City: _____ State: MA Zip Code: _____

Phone Number: _____ Alternate Contact: _____

OB-GYN/Midwife Name: _____ OB-GYN/Midwife Phone Number: _____

Prenatal Care Began (circle one): 1st 2nd 3rd # Prenatal Visits: _____

Check here
if there are no
changes to
the street and
mailing
addresses

INITIAL OVERALL LEVEL OF STRENGTH (if intaked after birth & before 2 months post partum):

DATE COMPLETED:

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

2 MONTH OVERALL LEVEL OF STRENGTH:

DATE COMPLETED:

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

4 MONTH OVERALL LEVEL OF STRENGTH:

DATE COMPLETED:

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

6 MONTH OVERALL LEVEL OF STRENGTH:

DATE COMPLETED:

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

8 MONTH OVERALL LEVEL OF STRENGTH:**DATE COMPLETED:**

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

12 MONTH OVERALL LEVEL OF STRENGTH:**DATE COMPLETED:**

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

PROBLEM LIST:

Problem	Date Identified	Actions Taken	Date Resolved

INFANT & POSTPARTUM INFORMATION

Baby's First Name: _____		Baby's Last Name: _____		Baby's DOB: _____		Baby's Birth weight: _____		Baby's Gender (circle one): M/F												
Type of Delivery: _____					Complications? _____															
Pediatrician's Name: _____					Pediatrician's Phone Number: _____															
Immunizations	Hep B:	1	2	3	Dtap:	1	2	3	Hib:	1	2	3	IPV	1	2	3	PCV7	1	2	3

HOUSEHOLD COMPOSITION:

Name	Gender	# weeks Pregnant	Due Date	Plan to BF?	Age	DOB	Relation	Living in Home?	English?	Concerns
	F						Self	Yes		

KAA#1: Access and Utilization of Care				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
1a: Housing	<ul style="list-style-type: none"> Repeated Hx /current homelessness At risk of eviction No working phone 	<ul style="list-style-type: none"> Hx/at risk of homelessness Owes back rent, fuel & utilities Phone recently disconnected 	<ul style="list-style-type: none"> Hx of maintaining stable housing Fuel/Utilities on, paid, & functioning long term Working telephone available 	
1b: Health	<ul style="list-style-type: none"> No health insurance No access to medical or dental care 	<ul style="list-style-type: none"> Healthy Start or Health Safety Net Fund At risk of losing health insurance Some barriers to accessing medical and/or dental care 	<ul style="list-style-type: none"> MassHealth or private insurance Receives medical home with regular care Receives regular dental care 	
1c: Education	<ul style="list-style-type: none"> Less than 10th grade education Unable to set educational or career goals 	<ul style="list-style-type: none"> High school diploma or GED Sets and pursues short term educational and career goals 	<ul style="list-style-type: none"> College or advanced degree Sets and pursues long tem educational and career goals 	
1d: Economics	<ul style="list-style-type: none"> No or minimal income FOB not contributing financially Loss of job/school due to pregnancy No child care available No transportation Unable to prioritize or budget 	<ul style="list-style-type: none"> Unable to meet all basic financial needs FOB inconsistently contributes financially Job/school threatened by pregnancy Sporadic child care available Sporadic transportation available Needs assistance budget/prioritizing 	<ul style="list-style-type: none"> Adequate income for living expenses FOB contributes financially Job/school accommodating pregnancy Adequate child care available Reliable transportation available Able to budget and prioritize 	
1e: Community Support	<ul style="list-style-type: none"> No culturally & linguistically appropriate information about community resources and services available Overwhelmed and immobilized Unable to access services No social supports and isolated 	<ul style="list-style-type: none"> Limited culturally & linguistically appropriate information about community resources and services available Hx of difficulty in accessing services Limited friends and family in area are supportive/ helpful when needed 	<ul style="list-style-type: none"> Has culturally & linguistically appropriate information about community resources and services available Hx of success in accessing services Friends and family in area are supportive and helpful when needed 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#2: Women's Health				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
2a: Family Planning	<ul style="list-style-type: none"> No knowledge of BCM Never used/no plan for BCM Unplanned pregnancy Recent STI Unable to negotiate BCM w/ partner 	<ul style="list-style-type: none"> Verbalizes BCM options Used BCM in past Unplanned pregnancy Hx of STI Conflict with partner on BCM use 	<ul style="list-style-type: none"> Success with BCM Planned pregnancy No Hx of STIs Partner supportive of BCM 	
2b: STI's/HIV	<ul style="list-style-type: none"> Never practices safer sex High risk for STI 	<ul style="list-style-type: none"> Usually practices safer sex Moderate risk for STI 	<ul style="list-style-type: none"> Practices safer sex Low risk for STIs 	
2c: Reproductive Health	<ul style="list-style-type: none"> Inadequate PNC No PP appointment No knowledge of normal maternal physical changes in 1st year of parenthood 	<ul style="list-style-type: none"> Adequate PNC PP appt scheduled Some knowledge of normal maternal physical changes in first year of parenthood 	<ul style="list-style-type: none"> Adequate PNC Keeps PP appointments Knowledgeable of normal maternal physical changes in first year of parenthood 	
2d: Other Women's Health Concerns	<ul style="list-style-type: none"> No knowledge of health concerns PCP not identified Inadequate Hx of physical exam with screenings 	<ul style="list-style-type: none"> Some knowledge of health concerns Identifies PCP Irregular Hx of physical exams with screenings 	<ul style="list-style-type: none"> Understands health concerns Identifies PCP Annual physical exam with screenings-knows results 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#3: Oral Health				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
3a: Mom's Oral Health	<ul style="list-style-type: none"> Never received dental care No cleaning during pregnancy Irregular brushing Does not use floss No Fluoride 	<ul style="list-style-type: none"> Irregular dental care No cleaning during pregnancy Brushes daily Irregular floss Occasional fluoride in diet 	<ul style="list-style-type: none"> Regular dental care Cleaning during pregnancy Brushes at least 2x day Flosses 1x a day Fluoride in diet 	
3b: Baby (Newborn to 6 months) oral health	<ul style="list-style-type: none"> Bottle propping observed Gums are not cleaned No fluoride in diet Verbalizes lack of knowledge of role of fluoride and strong teeth 	<ul style="list-style-type: none"> May bottle prop occasionally Gums cleaned irregularly Occasional fluoride in diet Verbalizes some knowledge of role of fluoride in making strong teeth. 	<ul style="list-style-type: none"> No bottle propping Gums are cleaned daily Fluoride in diet Verbalizes role of fluoride in making strong teeth 	
3c: Baby (6-12 months) oral health	<ul style="list-style-type: none"> Gums and teeth are not cleaned Sippee cup not introduced at 6 month Baby walking around with bottle No knowledge of bottle weaning at 12-14 months 	<ul style="list-style-type: none"> Gums and teeth cleaned irregularly Sippee cup introduced after 6 months Baby walk with bottle occasionally Some knowledge of benefits of bottle weaning at 12-14 months 	<ul style="list-style-type: none"> Cleans baby's gums or teeth daily Sippee cup introduced at six months Baby does not walk with bottle Verbalizes benefits of bottle weaning at 12-14 months 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#4: Nutrition				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
4a: Maternal Nutrition and Weight Gain	<ul style="list-style-type: none"> BMI Lacks food representing most of the food groups for meeting families needs Major barriers to securing, preparing, and/or feeding infant healthy foods 	<ul style="list-style-type: none"> BMI May lack food representing some of the food groups for meeting families needs Some barriers to securing, preparing, and/or feeding infant healthy foods 	<ul style="list-style-type: none"> BMI Adequate food representing all food groups for meeting families needs No barriers to securing, preparing, and/or feeding infant healthy foods 	
4b: Infant Nutrition and fluid intake	<ul style="list-style-type: none"> Major concerns for infant weight loss/gain Inadequate response to feeding cues Infant brought to ER or Pedi for dehydration Does not show proper preparation or storage of breastmilk or formula No knowledge of impact of infant growth spurts on feeding and sleeping patterns 	<ul style="list-style-type: none"> Some concerns for infant weight loss/gain Inconsistent response to feeding cues Willing to learn S+S of dehydration and # of wet diapers Some knowledge of how to store breastmilk or formula Some knowledge of impact of infant growth spurts on feeding/ sleeping 	<ul style="list-style-type: none"> Adequate infant weight gain (4-6 oz/wk) Adequately responds to feeding cues Knows proper hydration (4-8 wet diapers/day) Knows proper preparation and storage of breastmilk or formula Knowledge of impact of infant growth spurts on feeding and sleeping patterns 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#5: Breastfeeding				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
5a: Breastfeeding	<ul style="list-style-type: none"> Barriers to accessing social or cultural support for breastfeeding Lack of knowledge of breast care 	<ul style="list-style-type: none"> Some barriers to accessing social or cultural supports for breastfeeding Some knowledge of breast care 	<ul style="list-style-type: none"> No Barriers to accessing social or cultural supports for breastfeeding (LaLeche) Knowledge of breast care and S+S of infection 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#6: Physical Activity				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
6a: Maternal Physical Activity	<ul style="list-style-type: none">▪ Lack of knowledge of importance of physical activity for self/ family.▪ Lack of knowledge of interrelationship between diet and physical activity.▪ No regular physical activity, physician approves activity.▪ Watches television more than 2 hours a day.▪ No help for physical condition▪ Has not lost pregnancy weight	<ul style="list-style-type: none">▪ Some knowledge of importance of physical activity for self/family.▪ Some knowledge of interrelationship between diet and physical activity.▪ Sporadic physical activity upon physician approval.▪ Watches television about 2 hours a day▪ Some help for physical condition▪ Lost 50% of pregnancy weight	<ul style="list-style-type: none">▪ Knowledge of importance of physical activity for self/family.▪ Knowledge of interrelationship between diet and physical activity.▪ Participates in regular physical activity upon physician approval.▪ Watches television less than 2 hours a day.▪ Adequate help for physical condition▪ Has lost pregnancy weight	
6b: Baby Physical Activity	<ul style="list-style-type: none">▪ Does not create safe environment and does not encourage activities which facilitate the development of childhood motor skills▪ Lacks knowledge of role of physical activity in facilitating healthy weight, growth and development	<ul style="list-style-type: none">▪ Working to create safe environment and encourages activities which facilitate the development of childhood motor skills▪ Some knowledge of role of physical activity in facilitating healthy weight, growth and development	<ul style="list-style-type: none">▪ Creates safe environment and encourages activities which facilitate the development of childhood motor skills▪ Understands role of physical activity in facilitating healthy weight, growth and development	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#7: Cognitive and Perceptual				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
7a: Cognitive and Perceptual	<ul style="list-style-type: none"> Limited cognitive and perceptual abilities; difficulty understanding and using new information. Unable to verbalize methods of learning that are most effective for her. Verbalizes/demonstrates no confidence in problem solving abilities; unable to describe rationale behind decisions made 	<ul style="list-style-type: none"> May have limited cognitive and perceptual abilities; able to understand and use new information. Verbalizes some methods of learning that are most effective for her. Verbalizes/demonstrates some confidence in problem solving abilities; able to describe rationale behind decisions made. 	<ul style="list-style-type: none"> Adequate cognitive and perceptual abilities; able to understand and use new information. Verbalizes methods of learning that are most effective for her. Verbalizes/demonstrates confidence in problem solving abilities/able to describe rationale behind decisions made. 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#8: Environmental Health and Safety				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
8a: Lead Poisoning	<ul style="list-style-type: none"> Lead in environment Denies dangers of lead poisoning and precautions not taken Unable or unwilling to access annual lead testing of children 	<ul style="list-style-type: none"> Concern for lead in environment Verbalizes some of the dangers of lead poisoning and some precautions are taken Some barriers or has not accessed annual lead testing of children 	<ul style="list-style-type: none"> Lead free environment Verbalizes the dangers of lead poisoning and precautions are taken Knows need for annual lead testing of children to the age of four. 	
8b: Asthma	<ul style="list-style-type: none"> Asthmatic child present in home and asthma not controlled Unable to verbalize triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Precautions not taken 	<ul style="list-style-type: none"> Asthmatic child present in home and asthma somewhat controlled Verbalizes some of the triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Some precautions taken 	<ul style="list-style-type: none"> No asthmatic child present in home or present with asthma in control Verbalizes the triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Precautions are taken 	
8c: Injury Prevention	<ul style="list-style-type: none"> Parent does not know basic First Aid/CPR Emergency numbers not available Does not use seat belt Does not verbalize knowledge of car seat safety and does not plan or cannot obtain approved car seat Does not verbalize knowledge of major childhood injury risks and does not practice prevention Does not verbalize knowledge of common safety hazards in home and does not practice prevention Does not use appropriate hand washing Weapons present and not secured 	<ul style="list-style-type: none"> Parent learning basic First Aid/CPR Some emergency numbers available Inconsistent use of seat belt Learning car seat safety and experiences some barriers in obtaining approved car seat Verbalizes some knowledge of major childhood injury risks and inconsistently practices prevention Verbalizes some knowledge of common safety hazards in home and inconsistently practices prevention Inconsistent hand washing Weapons present but secured appropriately 	<ul style="list-style-type: none"> Parent knows basic First Aid/CPR Emergency numbers available including poison control Consistent use of seat belt Verbalizes car seat safety and plans to obtain approved car seat Verbalizes knowledge of major childhood injury risks and consistently practices prevention Verbalizes knowledge of common safety hazards in home and consistently practices prevention Consistent, appropriate hand washing Weapons not present 	
8d: Housing	<ul style="list-style-type: none"> Major safety concerns with housing exists (i.e. fire, mold, animals) Neighborhood unsafe No smoke detectors in place or functioning 	<ul style="list-style-type: none"> Some safety concerns with housing exist Some concerns for safety of neighborhood Some smoke detectors in place and functioning 	<ul style="list-style-type: none"> No major safety concerns with housing Neighborhood is safe Smoke detectors are in place and functioning 	
8e: Occupational Hazards	<ul style="list-style-type: none"> Exposed to occupational hazards Precautions not taken 	<ul style="list-style-type: none"> Some knowledge of occupational hazards Precautions taken inconsistently 	<ul style="list-style-type: none"> No exposure to occupational hazards Precautions taken 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#9: Alcohol, Tobacco, and Other Drugs				
Level of Strength				
Screening Tool: 5 P's Screening Tool and Intervention: <ul style="list-style-type: none"> ▪ Did any of your Parents have a problem with alcohol or other drug use? ▪ Do any of your friends (Peers) have problems with alcohol or other drug use? ▪ Does your Partner have a problem with alcohol or drug use? ▪ Before you were pregnant did you have a problem with alcohol or drug use? (Past) ▪ In the past month, did you drink any beer, wine or liquor, or used other drugs? (Pregnancy) ▪ Have you SMOKED any cigarettes in the past three months? <p>A single "YES" to any of these questions suggests further assessment and brief intervention.</p>			A Brief Intervention: ASK: Screen using the 5 P's ASSESS: Is there a current problem? If so, how severe? ADVISE: Recommend abstaining from alcohol/ drug use during pregnancy. Work with patient's reaction using Motivational Interviewing skills. Provide educational materials to patient as needed. Refer to substance abuse professionals for further assessment if necessary. MONITOR: Follow-up on use and provide support	
Indicators	1 (low)	2 (moderate)	3 (high)	
9a: A/OD Screen	<ul style="list-style-type: none"> ▪ Positive screen, client use ▪ Use significantly impacts family functioning or precipitating family crisis 	<ul style="list-style-type: none"> ▪ Positive screen for Peers, Partners, Past- client has no current use ▪ Family use mildly impacts family functioning 	<ul style="list-style-type: none"> ▪ Negative Screen 	
9b: Tobacco	<ul style="list-style-type: none"> ▪ Mother smokes ▪ Smoking in home exposure to second hand smoke 	<ul style="list-style-type: none"> ▪ Hx of smoking ▪ Smokers in home smoke outside of the home 	<ul style="list-style-type: none"> ▪ No Hx of smoking ▪ No use in home 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#10: Violence				
Level of Strength				
Initial DV Screening Questions: <ul style="list-style-type: none"> Have you ever felt afraid or unsafe with a boyfriend/partner/husband? Has a current or former partner ever hit, kicked, choked, or threatened you? Has a boyfriend/partner/husband ever tried to control you? Have you ever had any kind of unwanted or forced sexual contact? Are you feeling at all unsafe in any way in your relationship currently? Additional Assessment if above questions answered positively: <ul style="list-style-type: none"> If feels unsafe – Can you tell me more about what is making you feel unsafe? If current violence – Has the violence increased or become more severe recently? Will you be safe when he/she comes home today? Do you feel you need immediate intervention? 			Intervention: <ul style="list-style-type: none"> Educate/support Thank her for disclosure Articulate concern for safety and well-being Offer referral/resources Follow-up soon Develop safety plan if appropriate, consult with DV Advocate at SAFELINK 877-785-2020 Assess child safety – file 51A if needed, consult with DCF DV Unit at 617-748-2335	
Indicators	1 (low)	2 (moderate)	3 (high)	
10a: Interpersonal and Family Violence	<ul style="list-style-type: none"> IPV endangering safety of family Positive screen within one year Current abuse 	<ul style="list-style-type: none"> Positive IPV screen > one year ago and no current risk No Hx of IPV with current partner Does not interfere with family functioning 	<ul style="list-style-type: none"> Negative IPV screen 	
10b: Child Abuse and Neglect	<ul style="list-style-type: none"> Children have been or will be placed outside home No communication or contact between one or both parents and child/ren Open conflict between parents Children have witnessed IPV Parents unable to distinguish between discipline and abuse Current DCF involvement 	<ul style="list-style-type: none"> Children may show some aggression or behavioral issues Parents may have tense relationship but address conflict productively Parents question ability to set limits consistently and provide structure. Hx of abuse but have received professional help. Hx of DCF involvement but resolved 	<ul style="list-style-type: none"> Children live with one or both parents in stable family Parents/partners communicate well with each other and with children Children appear happy and well-adjusted Parents confident in setting limits No Hx of abuse/neglect No Hx of DCF involvement 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#11: Emotional Health				
Level of Strength				
Emotional Health Screening Questions: Over the last 2 weeks how often have you been bothered by the following problems? 0=Not at All 1=Several Days 2=More than half the days 3=Nearly every day 1. Had little interest or pleasure in doing things? 0 1 2 3 2. Feeling down, depressed or hopeless? 0 1 2 3 3. Feeling scared or panicky for no reason? 0 1 2 3 4. TOTAL SCORE _____ If Score > 3, Full Screen Required		Full Screen if ≥3: 1. Functional impairment: Have these problems made it difficult for you to do your work, take care of things at home, or get along with other people? Yes No 2. Major new life stressors? Yes No 3. Previous Hx of depression emotional health concerns? Yes No 4. Current treatment for depression/MH condition? Yes No 5. Thoughts of being better off dead, hurting self or hurting others? Yes No		
Indicators	1 (low)	2 (moderate)	3 (high)	
11a: Psychosocial or mental health issues including post partum depression	<ul style="list-style-type: none"> Score ≥ 3 on Emotional Health Screen Responds positively to Full Screen No Knowledge of PPD Changes in appetite, sleep, energy or activity that impact ADL Hx of depression or hospitalization Current use of antidepressants Current or Hx of suicide or expression of wanting to hurt others 	<ul style="list-style-type: none"> Score 1-2 on Emotional Health Screen Some knowledge of PPD Some changes in appetite, sleep, energy or activity, but no major impact on ADL Hx of depression – treated professionally No past hospitalization Past use of antidepressants Hx of suicidal ideation--treated professionally 	<ul style="list-style-type: none"> Score 0 on emotional health screen Knowledge of PPD No changes in appetite, sleep, energy or activity level except as related to normal PP changes No current or past Hx of depression No past hospitalizations No Hx/current use of antidepressant No Hx/current suicidal ideation or expressions of wanting to hurt others 	
11b: Maternal Stress and Anxiety	<ul style="list-style-type: none"> Positive response to #3 on Emotional Health Screen Physical or emotional stress – feeling overwhelmed Current unhealthy coping mechanism (drugs, unsafe sex, excessive food, tobacco use, uncontrolled anger/violence, rage) 	<ul style="list-style-type: none"> Negative response to #3 on Emotional Health Screen Some physical or emotional symptoms indicating stress Hx of poor coping strategies but recognizes/sought professional help 	<ul style="list-style-type: none"> Negative Response to #3 on Emotional Health Screen No physical or emotional symptoms indicating stress response Current healthy coping strategies Avoids unhealthy coping mechanisms (drugs, unsafe sex, excessive food, tobacco, violence) 	
11c: Trauma and Loss	<ul style="list-style-type: none"> Current trauma or loss Poor coping in response to trauma or loss Hx/Current abuse (sexual, physical, verbal) not addressed Witnessed violence 	<ul style="list-style-type: none"> Hx/Current trauma/loss-sought professional help Hx of poor coping in response to trauma/loss-sought professional help Hx of abuse (sexual, physical, verbal)-professional help sought Witnessed violence-professional help sought 	<ul style="list-style-type: none"> No Hx of trauma or loss Healthy coping in response to trauma or loss No Hx of abuse (sexual, physical, verbal) No violence witnessed 	
11d: Self Concept/Self Perception	<ul style="list-style-type: none"> Poor sense of self/ low self-esteem Negative impact of parenthood on lifestyle 	<ul style="list-style-type: none"> Hx of low self-esteem Some negative impact of parenthood on lifestyle but positive impact outweighs negative impact 	<ul style="list-style-type: none"> Positive sense of self Positive impact of parenthood on lifestyle 	
11e: Relationships	<ul style="list-style-type: none"> Feels isolated from people, agencies, services or unable to access help with physical, emotional and social needs Feeling alienated/isolated from partner, family, and/or friends 	<ul style="list-style-type: none"> Identifies people, agencies, services for help with physical, emotional and social needs; not always accessed Relationship with partner, family and/or friends is sometimes strained 	<ul style="list-style-type: none"> Identifies people, agencies, services for help with physical, emotional and social needs Communicative, supportive and close relationship with partner, family & friends 	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

Additional Comments:

KAA#12: Healthy Parenting				
Level of Strength				
Indicators	1 (low)	2 (moderate)	3 (high)	
12a: Parent's Transition to Parenting	<ul style="list-style-type: none">Has unrealistic expectations of baby's care needsUnable to make necessary lifestyle changes/ adaptations to meet baby's needsNegative statements about own ability to parentNegative perception of parentingInadequate nutrition and minimal rest to care for babyBarriers to learning about parenting, child development, nurturing, and bonding	<ul style="list-style-type: none">Uncertain expectations of baby's care needsInconsistently makes necessary lifestyle changes/adaptations to meet baby's needsLacks confidence in ability to parentSome ambivalence of parentingInconsistent nutrition and sporadic rest to care for babySome barriers to learning about parenting, child development, nurturing, and bonding	<ul style="list-style-type: none">Realistic expectations of baby's care needsAble to make necessary lifestyle changes/adaptations to meet baby's needsPositive statements about ability to parentPositive perception of parentingAdequate nutrition and rest to care for babyNo barriers to learning more about parenting, child development, nurturing, and bonding	
12b: Parent-Baby Attachment	<ul style="list-style-type: none">Early bonding experiences were negative/abusiveLethargic, withdrawn babyBarriers to accurately interpreting baby's signals and cues	<ul style="list-style-type: none">Early bonding experiences were indistinctBaby inconsistently alert/responsiveDifficulty with accurately interpreting baby's signals and cues	<ul style="list-style-type: none">Early bonding experiences were positiveAlert, responsive babyAccurately interprets baby's signals and cues	
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#13: Neonatal and Developmental Assessment using Ages & Stages Questionnaire				
Level of Strength				
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED				
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Comments:				

KAA#14: Medical History and Physical Assessment									
Age:	GR:	P:	EDC:	Height:	Weight:	If Indicated:	B/P:	HR:	
RR:	Temp:	Allergies:	Current Medications:		CAD	HTN	Diabetes		
Seizures	Asthma	Urinary	Anemia/Coag		Thyroid Dx	Osteoporosis			
Mental Illness	Surgeries	Cancers (Breast, Ovarian, Colon)			Risk: Average?		Last CBE		
Last Mammogram		Birth Defects/Genetic Susceptibility		Diet	BC Plans		Any Risk Factors		
Skin: NP (Cap refill/Temp/Turgor WNL) Edema lesions erythema pruritus GI: NP(Adequate Appetite ,Appropriate wt. Gain) Anorexia Nausea Vomiting Constipation									
GU: NP, Burning Frequency Incont. Painful Color Clarity									
Postpartum Maternal: C-Section: N/A NP(Healing well) Erythema Drainage Painful Episiotomy: N/A NP(Healing well) Erythema Drainage Painful									
Breasts: NP Supportive Bras Engorged Erythema Painful Cracked Repro: Lochia: Rubra (1-4), Serosa(5-7), Alba(1-3wks), inc. discharge, Odor, Bleeding (frank red bld) Concerns:									
2 – 12 months Postpartum: Repro: NP, increased or changed discharge, odor Postpartum F/U complete: Contraception Method w/o problems									
Infant Assessment: Weight gain since birth Normal/At-risk AHR: murmurs noted: RR: Temp (if ind): General appearance: WNL Tone: WNL									
Reflexes: Skin: NP Well Hydrated Cap refill/Temp/Turgor: WNL Umbilicus: N/A NP(Healing well) Erythema Drainage Edema									
Circumcision: N/A NP(Healing well) Erythema Drainage Edema GI: NP (Adequate appetite, Adequate wt gain) Colicky, Vomiting, Constipation, Jaundice									
GU: Voiding WNL: Stool WNL: Risk factors for sensorineural hearing impairment?									
USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED									
Initial Post Partum CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					
2 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					
4 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					
6 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					
8 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					
12 Month CHA: Overall Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					
Additional Comments:									